

East Kilbride Carers Meeting – Thursday 11th July 2019

AGENDA		TOPIC	Discussion points	Comments
1.	Welcome & Apologies		Donna McAlister – Chair of SLCN opened the meeting and welcomed everyone. There were no Apologies.	
2.	New members	Three		
3.	<p>Speaker – Gillian Strain</p> <p>Speaker – Helen Cook</p> <p>Speaker – Laura McGrath</p>	<p>NHS Dental Health Nurse</p> <p>Take Ctrl</p> <p>O P Bar East Kilbride</p>	<p>Gillian gave a 20 minutes presentation on Good Oral Health Care. Gillian explained that there is two Dental services:-</p> <ul style="list-style-type: none"> • General Dental Practitioners – on the street Dentist and • Public Dental service – not everyone will have access to this one as they specialise on people with mobility problems and people who need the use of hoists and extreme dental phonics, most of who would need to be referred by their Doctor – this would depend on your medical condition. <p>Helen gave a 5 minute talk on how SDS works and what options you can use.</p> <p>Laura gave a 5 minute talk about the new bar she has opened on Main Street East Kilbride. The O P Bar on the first and third Monday of every month is now Autism Friendly where they turn off the bright lights off and make the bar area quiet from 5pm – 8pm also on the last Monday of every month the bar becomes Dementia Friendly again from 5pm – 8pm. For further information check out their Facebook page @opbarek</p>	
4.	Information stalls	Were provided by	<ul style="list-style-type: none"> • Take Ctrl • LAMH • Older & Active East Kilbride • MacMillan Cancer Support • SLCN 	

5.	Consultations & Surveys	All above consultations can be found on the South Lanarkshire Carers Network website at:- https://slcn.co.uk/consultations/	<ul style="list-style-type: none"> • Fall and Fracture Prevention Strategy • Community Action Lanarkshire • The Scottish Fire and Rescue Service Strategic Plan 2019-22 • Adult Mental Health Services – Guardian Survey • South Lanarkshire People’s Panel Membership 	
6.	AOCB	Carer Input	There was no further input from today’s Carers	
7.	DONM	Thursday 11 th August 2019	<p>Fairhill Lifestyles, Neilsland Road, Hamilton, ML3 8HJ 10:30am-12:30pm – next meetings speaker will be:-</p> <ul style="list-style-type: none"> • NHS Lanarkshire Oral Health Team • Tale Ctrl <p>With information stalls provided by:-</p> <ul style="list-style-type: none"> • Take Ctrl • LAMH • Older & Active East Kilbride • MacMillan Cancer Support • SLCN 	