

Unrecognised carers... *this is for you!*

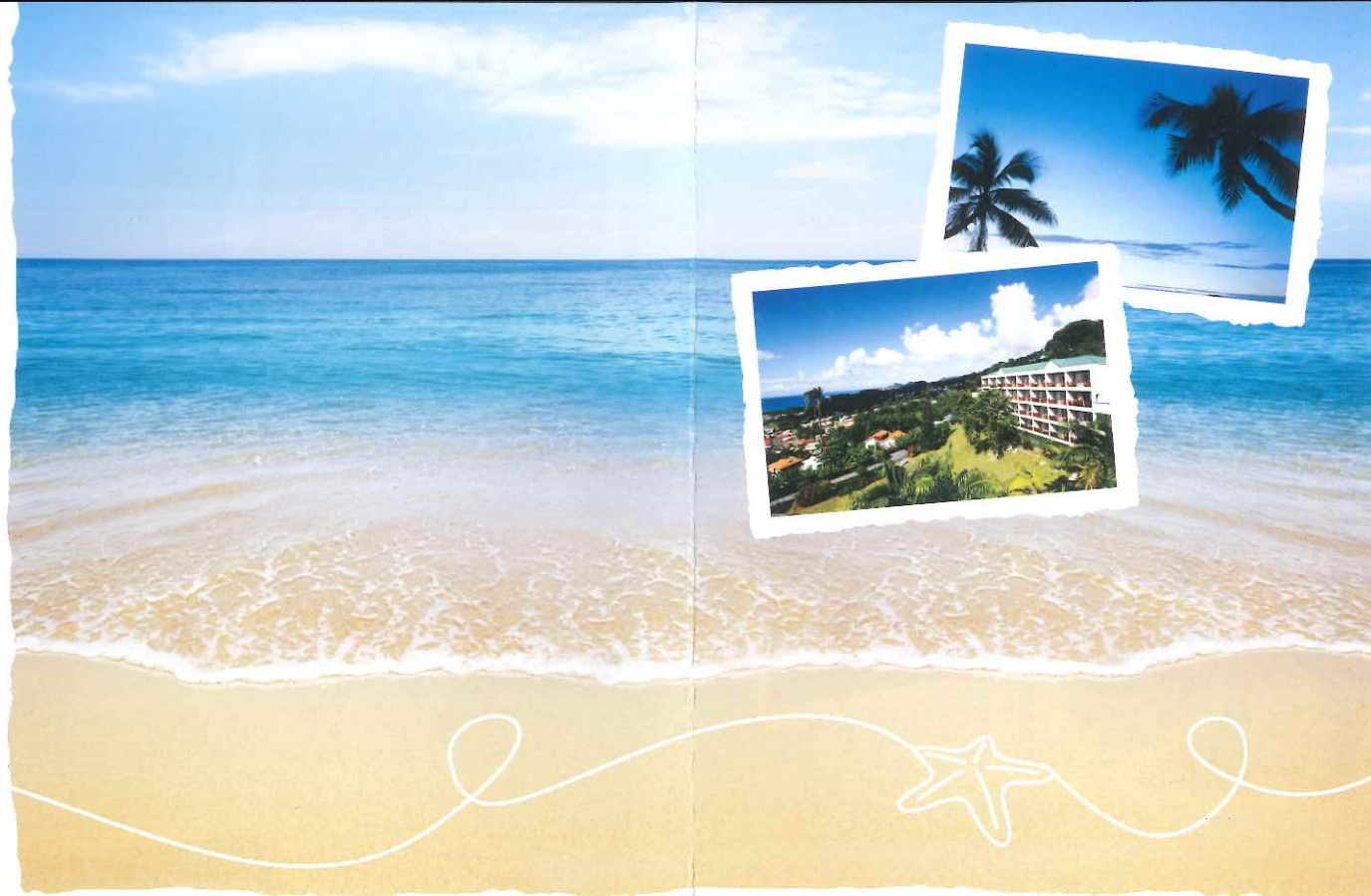
In the UK today there are more than six million people looking after a family member, partner or friend. They are very often isolated and unsupported, sacrificing their own health and wellbeing in order to care for a loved one.

The Saga Respite for Carers Trust was launched to help carers aged 50 and over by providing a much needed holiday for the carer and a friend. The award also includes spending money and, if required, the provision of respite care for their loved ones.

The Trust has attracted significant interest with thousands of visits to the information pages on our website and hundreds of people putting themselves forward or nominating other carers who deserve a respite break.

Carers are on duty 24 hours a day, seven days a week, every week of the year and have very little help or respite from the relentless round of daily tasks. If you are a carer or know someone who is then apply for a free break with Saga.

Caroline Lazar and her mum Agnes were awarded a holiday to the Bel Jou. Caroline looks after her husband Michael, who has suffered with Multiple Sclerosis for 20 years. Caroline and Agnes are pictured here relaxing and enjoying some exotic cocktails at the Bel Jou Hotel in St Lucia.



Saga
respite for carers trust

Contact us:

T: 01303 774 421

E: carerstrust@saga.co.uk

www.sagacarerstrust.org

Find us on **facebook** www.facebook.com/SagaCarersTrust

Follow us on **twitter** www.twitter.com/SagaRCT/

The Saga Respite Charitable Trust is a UK Registered Charity: Number 1124709
Registered Office: Enbrook Park Folkestone, Kent CT20 3SE

Saga Respite for Carers Trust

Nomination form

Saga
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Dear Saga

The hotel was fantastic, great food, great staff, lots to do, great guests and St Lucia was a beautiful country. I relaxed there for the first time in ages and with the wonder of modern technology, spoke to my wife every day to keep my mind at peace that all was ok at home. Thank you so much for providing this holiday for me, it was a real break and allowed me to de-stress a little and recharge my batteries. I am humbled that ordinary people like myself can be chosen to be given such a gift from you. Thank you for a holiday that I'll never forget.

Mr SB



Dear Saga

I would like to thank you so much for the most memorable holiday to Malta, everything was wonderful. From the chauffeur driven car, so quiet and stress free, to the flight, it was all such a great start to our week stay. The Coastline hotel was amazing. The staff, food, entertainment and all the facilities. It took me a couple of days to relax and wind down. This is a photograph of us taken at the gala dinner, a night we will always remember.

Sincere thanks once again

Mrs JH



Dear Saga

Now back to Blighty with a bump. The Caribbean sunshine will sustain me for many months to come. I had a great time and laughed an awful lot. In fact I don't think I've laughed so hard and loud for years. Charlotte had a fun week too. She had friends over to supper (they did the cooking) - and held a Downton Abbey evening. A truly girly week without the old man to moan about the noise.

So thank you very, very much – it's a wonderful thing to do for people. Yours must be a great job, cheering up all those carers. We soldier on but this is a gift that none of us ever expected, thank you.

Mr PS

Dear Saga

I am very grateful to you for arranging the beautiful cars to the airport and back. Thank you for the helicopter ride to the hotel and the many other lovely things I benefitted from.



I will always remain very grateful to you for your part in helping me recharge my batteries.

Alan was very well looked after too, which made me more able to relax - and it is all down to the Saga Respite for Carers Trust.

With very best wishes,

Mrs MP



Dear Saga

Thank you so very much for the wonderful holiday in Malta that you awarded me. It was fabulous. One of the best holidays I have ever had. I felt like a movie star, being picked up from my house and driven to the airport. I cannot believe even now, after this holiday, that a big company such as Saga are willing to do this for carers. It's so heart warming and I'll never forget what you have done for me. So thank you again.

Yours

Mrs PB

Dear Saga

I would like to thank you for the lovely holiday my twin sister and I have enjoyed in Torquay. It was a lovely break for us both, starting with excellent travel arrangements and then being able to savour the opulence of the 4 star hotel where nothing was too much trouble and the guests always came first.

Again my grateful thanks to you for organising this most welcome holiday.

Mrs JM



Find out more...
sagacarerstrust.org