

South Lanarkshire

Young Carers

Service

Could you be a Young Carer?





Who are we?

South Lanarkshire Young Carers Service is based in South Lanarkshire Council Offices, Brandon Gate, Hamilton.

The Young Carers Service is a partnership that works closely with a range of agencies including Youth, Family and Community Learning.



Are you a Young Carer?

A young carer in South Lanarkshire is someone between the ages of 8 and 18 years old, whose life is affected by the need to carry out caring tasks and assume a level of responsibility for another person. This person could have a long term illness, may have a disability, be experiencing mental health difficulties or be affected by substance misuse issues. This person could be a parent, a grandparent, sibling or a close family relative.



How do you get involved?

Referrals to the service can be made by the named person - that's usually your guidance teacher within the school. You can also phone the service and they will talk you through, how to get involved.

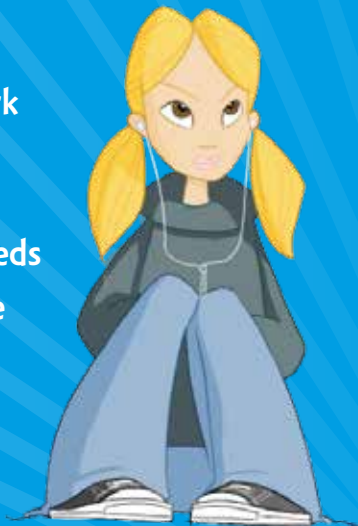
You can also ask someone you trust such as your social worker, pupil support teacher/head teacher or family member.



What we do?

Working with partners across the authority, Young Carers can be offered support and services. This includes:

- Provide Young Carers statements (this is an assessment of the Young Carers needs)
- Individual support
- Family support
- Peer support
- Issue based group work
- Awareness raising
- Young Carers with additional support needs
- Provide support to the Young Carers Forum



How do you get in contact?

Parents/Carers and Young People should make referrals through the young person's named person (Education Resources).

South Lanarkshire Young Carers Service,
4th Floor,
Brandon Gate,
1 Leechlee Road
Hamilton ML3 0XB

Young Carers Workers phone numbers:

01698 455566

01698 453310

Alternatively you can contact us via email:

youngcarersservice@southlanarkshire.gov.uk



If you need this information in another language or format, please contact us to discuss how we can best meet your needs.

Phone: 0303 123 1015

Email: equalities@southlanarkshire.gov.uk

www.southlanarkshire.gov.uk