

## Young Carers Statement

Young Carers have a right to a:  
**Young Carers Statement**

## The Carers (Scotland) Act 2016

### What is a Young Carer's Statement

A Young Carers Statement will help you think about what support you may need if you wish to continue caring and have a life similar to that of other young people. The child's plan contained within the Young Carers Statement will set out any needs you have and how those will be met.

The plan helps decide what level you reach in the local eligibility criteria (the set of rules used) for support. The plan will help work out what level of support you **have a right to**.

There are a range of supports in South Lanarkshire that can help you as a Young Carer

**For more information visit:**  
**[www.legislation.gov.uk](http://www.legislation.gov.uk)**  
and search carers (Scotland)Act 2016

**If you are under the age of 18, and you spend time looking after someone who is ill or disabled, then you are a young carer.**

Young Carers might do extra things to help their family – things that their friends might not be doing.

Things like:

- Doing the housework
- Getting things for the person like their medication or slippers
- Going food shopping or helping when they go
- Making a coffee or cup of tea
- You might do the laundry
- Cook the dinner
- Help out by looking after your brothers or sisters
- Do the washing up
- Go to the bank to pay the bills
- Help get them dressed
- Change their bandages
- Chopping up their food

You may also do things like listen, worry or comfort them when they are upset

**Young Carers  
Are under the age of  
18 or over 18 but still  
attending school**

**The Young Carers Statement must contain;**

Information about the young carer's personal circumstances including the nature and extent of the care provided or to be provided and the impact of caring on the young carer's wellbeing and day-to-day life

Information about the extent that the young carer is able and willing to provide care

Information about the extent to which the responsible authority considers that the nature and extent of the care provided by the young carer is appropriate

Information about whether the young carer has plans in place for the provision of care for the cared-for person in an emergency

Information about whether the young carer has plans in place for the future care of the cared-for person

Information about the identification of the young carer's personal outcomes

Information about the young carer's identified needs for support including whether the young carer has identified needs or not

Information about support for the young carer in their local authority area

If the young carer does not reside in the local authority, information on carers' support for the area where the carer lives

If the young carer's needs meet the local eligibility criteria, information about the support which the local authority provides or intends to provide to the young carer

If the young carer's needs do not meet the local eligibility criteria, information about the support which the local authority provides or intends to provide to the young carer

Information about whether support should take the form of a short break

Information about reviewing the YCS

**Duty for the Responsible Local Authority to prepare the YCS to set out:**

- A young carer's identified needs (if any)
- A young carer's identified personal outcomes
- The support (if any) to be provided by the responsible local authority to a young carer to meet those needs

**Duty to Assess a Young Carer's Needs**

If a local authority identifies a young carer they **must** offer the young carer a YCS and where the young carer accepts, the local authority **must** prepare this.

A young carer can request their own YCS and the local authority **must** then prepare this.

The responsible local authority is the one where the Young Carer lives.

The local authority **must** exercise its functions in relation to equal opportunities. A young carer can have a YCS **even if** they already have an integrated assessment child's plan.

**For more information, please contact:**

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**or visit our website at**

**[www.slc.n.co.uk](http://www.slc.n.co.uk)**