

Your Rights - What to expect

Many carers are unaware of their rights and entitlements, therefore missing out on the financial, practical and emotional support available to them.

The Carers (Scotland) Act 2016

This is an important new piece of legislation that was passed by the Scottish Parliament on 4th February 2016.

It extends the rights of adult and young carers in Scotland, placing a duty on local authorities to provide every carer with a carer support plan and to provide support based on the Carer's identified needs which meet the local eligibility criteria, if, the carer's needs cannot be met by services provided for the cared for person or through other supports.

The ACSP is not just about services it will support you to manage your caring role from a range of public bodies and local third sector organisations.

For more information visit:
www.legislation.gov.uk
and search carers (Scotland)Act 2016

The Local Authority now has:

- A duty to prepare an Adult Carer Support Plan (ACSP)
- A duty to prepare a Young Carer Statement
- A duty to set local eligibility criteria
- A duty to involve carers in carer services
- A duty to provide support
- A duty to provide a local Carer Strategy

The Local Authority must provide information and advice in particular about:

- Carer's rights
- Income maximisation
- Education and training
- Advocacy
- Health and wellbeing (including counselling)
- Bereavement support services
- Emergency and future care planning

Questioning Decision-making Campaigning Empowering

Legislation affecting carers

The following legislation established a carers right to an assessment in their own right, a duty on local authorities to take into account carers' views when putting together a community care package and a duty on NHS boards to produce Carer Information Strategies:

- **Carers (Recognition and Services) Act 1995**
- **Community Care and Health (Scotland) Act 2002**

Equalities Act 2010

This act began on 1 October 2010 and brought new legislation to protect carers from direct discrimination or harassment because of their caring responsibilities. The Government Equalities Office (GEO) has produced a series of guides including 'Equality Act 2010: What do I need to know as a carer?'.
For more information call the Equality Advisory Support Service (EASS) on **0808 800 0082** or visit www.equalityadvisoryservice.com

Everyone has the right to be treated fairly, legislation protects you from discrimination.

The Patient Rights (Scotland) Act 2011

It aims to improve patients' experiences of using health services and to support people to become more involved in their health and health care. Included in the Act was the establishment of a Patient Advice and Support Service (PASS). This service provides free, accessible and confidential information, advice and support to patients, their carers and families about NHS healthcare. For more information visit:

www.nhsinform.scot/care-support-and-rights

GP Contracts are changing, this may make a difference when you make a visit to see your GP

LOOK OUT FOR FURTHER INFORMATION:

Adult Carer Support Plans

Young Carers Statements

Emergency Planning

Short Breaks

Register with your GP

Discharged from hospital

Getting Information

Carers get Empowered

There are many pieces of legislation relating to carers rights. To access more information visit our website

Work and Families Act 2006.

Carers in employment now have statutory rights to help them manage their work and caring responsibilities.

It gives carers of adults the right to request flexible working, building on the existing rights which were introduced in April 2003 for parents of a disabled child under 18.

The Self-Directed Support (Scotland) Act

became law in 2014. It introduced a new power for local authorities to support carers through a choice of 4 funding options.

For more details see:

www.selfdirectedsupportscotland.org.uk

For more information, please contact:

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or visit our website at www.slcnco.uk