

Volunteer

do good, feel good



Come volunteer with us

Office Support

Bring your energy and enthusiasm to help us be the Voice of Carers. Your skills and experience can help support the Carers Network to raise awareness of unpaid Carers in South Lanarkshire.

Our volunteers are key to supporting our organisation including staff, Board members and associated partners. The Volunteer & Carer Coordinator will support each individual volunteer to reach your potential by helping you to identify your skills and match them to the ideal role for you. You will be offered opportunities for training throughout your role.

Your role will include

- Some opportunities to work from home
- Making contact with Carers to enable them to become members
- Speaking with Carers in telephone conversation. We will use scripts and role play to ensure you are equipped with the information and skills you require
- Helping to prepare our quarterly newsletters ready for distribution to all our members this may include packing envelopes etc.
- Filing, issuing information and updating database
- Minute taking for meetings
- Social media and website updates

What will you get out of it?

- Something other than your caring role to look forward to
- Being with an enthusiastic team of people who want to make a difference, just like you
- Having a rewarding experience can make a difference to your health and wellbeing
- Being supported in your personal development to upskill in any areas you require to become more confident

How much time should I give?

- We are looking for volunteers who can ideally give a few hours a week or more. This will be flexible around your caring responsibilities, school holidays, work commitments etc.

Volunteers in the Carers Network

Here at the Carers Network, you will work within the organisation's policy guidelines with integrity and professionalism in an environment where we value each other equally and respect each individual's role. As a volunteer you will help the organisation to evolve and respond to change while maintaining excellence and standards through work and relationships.

As a volunteer you are never paid, you are simply reimbursed for out of pocket expenditure in line with our Expenses Policy.

**Apply today by contacting the Networks Volunteer & Carer Coordinator
Jo McIntyre on 01698 285163 or email Jo.mcintyre@slcn.co.uk**